

## EAST COAST FOOT AND ANKLE CIRCLE MEETING & MASTERCLASS 2023

### THEME – BIOMECHANICS & COMPLICATION OF FOOT & ANKLE TRAUMA

21 <sup>st</sup> SEPTEMBER 2023 / THURSDAY / CEC 1, SASMEC @IIUM		
DATE/TIME	PROGRAMME	PRESENTER/PIC
0800 – 0830	Registration	
0830 – 0845	Welcoming Speech & Introduction	Prof. Dr. Aminudin Che Ahmad
<b>THEME: BIOMECHANICS OF FOOT &amp; ANKLE</b>		
0845 – 0900	Osteology and Articulation	Dr. Mohd Ariffullah Ariffin
0900 – 0915	Blood Supply Foot & Ankle	Dr. Su Yuen
0915 – 0930	Foot & Ankle Innervation	Dr. Lye Jun Xiong
0930 – 0945	Foot & Ankle Stability	Dr. Tai Ken Meng
0945 – 1000	Foot & Ankle Forces & Deformities	Dr. Muhamad Syafiz Ahmad Ismani
1000 – 1015	Foot Mechanics & Gait Cycle	Dr. Kularaj Subramaniam
1015 – 1045	Tea Break	
<b>THEME: FOOT &amp; ANKLE FRACTURE COMPLICATION</b>		
1045 – 1100	Pilon Fracture; Tip & Tricks of Fixation	Prof. Dr. Aminudin Che Ahmad
1100 – 1115	Trimalleolar Fracture; Fix or Not to fix Posterior Malleolar	Dr. Zaraiyah Mohd Rashid
1115 – 1130	Hindfoot Fracture Dislocation	Dr. Nur Sabrina Abdul Ghani
1130 – 1145	Talus Fracture & AVN	Dr. Nur Sabrina Abdul Ghani
1145 – 1200	Traumatic Ankle Arthritis	Asst. Prof. Dr. Mohd Adham Shah Ayeop
1200 – 1215	Calcaneum Fracture & Choice of Fixation	Dr. Mohd Saiful Adzuwan Mat Rodi
1215 – 1230	Lisfranc Injury; Joint Sparing vs Fusion	Asst. Prof. Dr. Mohd Adham Shah Ayeop
1230 – 1245	Non-union Base 5 <sup>th</sup> MTB	Dr. Mohd Saiful Adzuwan Mat Rodi
1245 – 1300	Fracture in Diabetic Patient	Prof. Dr. Aminudin Che Ahmad
1300 – 1315	Lunch Talk	Humedical (M) Sdn Bhd
1315 – 1400	Lunch Break / Zuhur Prayer	
<b>Masterclass</b>		
1400 – 1445	Longcase 1	Dr. Mohd Saiful & Dr. Muhamad Syafiz
1445 – 1530	Longcase 2	Asst. Prof. Dr. Mohd Adham & Dr. Nur Sabrina
1530 – 1630	Shortcase 1 & 2 (30 mins each)	Prof. Dr. Aminudin & Dr. Zaraiyah
1630 – 1700	Circle Meeting	East Coast Foot & Ankle Surgeons
<b>21<sup>st</sup> SEPTEMBER 2023 / THURSDAY / MENARA 188, KUANTAN</b>		
1830 – 1930	Registration (Ground Floor Menara 188)	All
1905 – 1945	Maghrib Prayer	-
1945 – 1950	Welcoming Remarks by the Head of Department	Assoc. Prof. Dr. Ahmad Fadzli Sulong
1950 – 2005	Dinner talk	Malex Medical Sdn Bhd
2005 – 2045	Dinner	All
2045 – 2145	Case Discussion	All
2145 – 2200	Gift Giving Ceremony	All speakers
2200 – 2300	Free Activities (Menara tour)	All